

Asma AlYahya

Physical Education Teacher

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Riyadh, Saudi Arabia

SUMMARY

Energetic and passionate Physical Education Teacher with 2.5 years of experience, dedicated to inspiring students to lead active, healthy lives. Skilled in creating engaging lessons that promote fitness, teamwork, and personal growth. Committed to continuous professional development and staying updated with the latest teaching techniques.

EDUCATION

College of Sport Sciences and Physical Activity, Physical Fitness

09/2019 - 06/2023

King Saud University - Bachelor degree

GPA: 4.79/5 First Honors

EXPERIENCE

Physical Education Teacher

07/2023 - Present

Bright Mind Center

- Trained over 100 students, assessed, monitored progress and supported them in achieving their individual performance goals.
- Improved client retention by 30% by designing more personalized and effective training plans.
- Developed an inclusive Physical Education program ensuring over 95% student participation.
- Contributed to setting organizational KPIs, gaining experience in performance measurement and data-driven planning.

Trainee, Marketing & Brand Communication

08/2023 - 08/2023

Riyadh Bank

- Supported brand awareness initiatives through major partnerships, including collaboration with Al Hilal Club.
- Participated in launching the "AHilal goal, tree for tomorrow" campaign, achieving more than 3 million engagements.

Physical Fitness Trainer, Co-op Training

03/2023 - 06/2023

Armed Forces Officers Club

- Helped develop personalized plans based on member needs.
- Took part in reactivating club programs after a period of inactivity, resulting in an 80% increase in member satisfaction.

VOLUNTEERING

Volunteer Team Leader

01/2023

Saudi Automobile & Motorcycle Federation

- Volunteered for 9+ hours in the "Girls on Track" initiative, guiding groups of young participants.
- Developed strong organizational and leadership abilities through coordinating activities and supporting event logistics.

CERTIFICATES

SHA HSFA CPR AED course

12/2024 - 12/2026

National CPR Committee and Saudi Heart Association

SKILLS

Time management

Organizational Skills

Computer Skills

Student Assessment

Team Collaboration

Student Motivation & Engagement

Effective Communication

Sports Coaching & Training

LANGUAGES

English

Arabic